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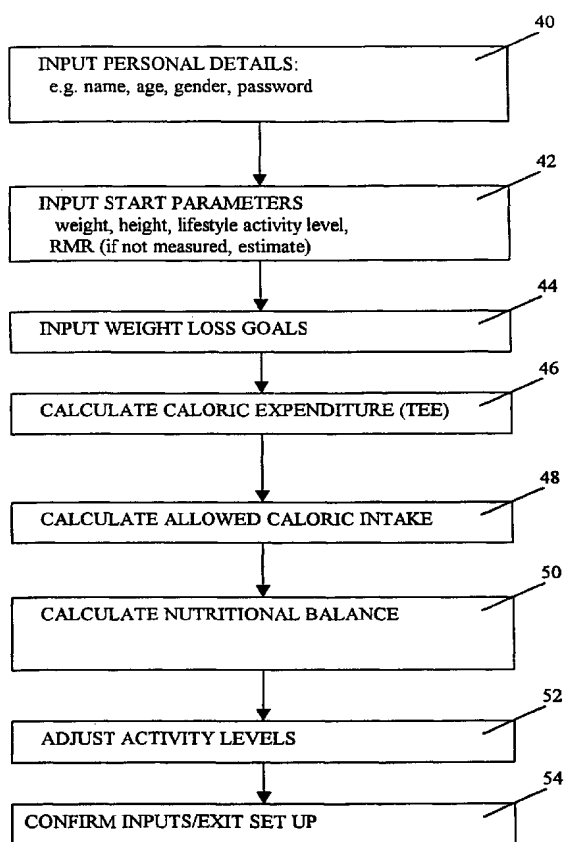
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(54) Title: HEALTH MANAGEMENT SYSTEM WITH CONNECTION TO REMOTE COMPUTER SYSTEM



(57) Abstract: An improved health management system and method are described. A user is provided with a portable microprocessor-based device, which has an application program adapted to receive user input data (40-54) related to caloric intake and caloric expenditure. An application program on a remote computer receives the data and analyzes the data to provide feedback and advise the user.



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